



Sussex AA Festival of Athletics

K2, Crawley

Saturday, May 8th

Track Timetable (provisional)	
11.00-11.30	300/400mH
11.30-12.30	1500m
12.30-13.30	100m
13.30-14.00	300m
14.00-14.30	400m
14.30-15.30	800m
15.30-16.30	200m

Field Timetable (provisional)	
10.00	High Jump Pool 1
10.00	Long Jump Pool 1
10.00	Hammer
10.15	Pole Vault Pool 1
11.30	Shot Put Pool 1
11.30	Long Jump Pool 2
12.00	High Jump Pool 2
12.30	Javelin Pool 1
12.45	Pole Vault Pool 2
13.00	Discus Pool 1
13.30	Long Jump Pool 3
13.30	Shot Put Pool 2
14.15	Javelin Pool 2
14.30	Discus Pool 2
14.30	High Jump Pool 3
15.00	Long Jump Pool 4
15.00	Shot Put Pool 3
15.15	Pole Vault Pool 3
15.45	Javelin Pool 3
15.45	Discus Pool 3

Athletes will be allocated pools by the organisers. Individuals will be informed on pools and specific timings in the week before the event.